

Popsicle Stick Prayers

Praying family grace together

Does your family have a tradition of saying grace before a meal? If not, here's a perfect way to start! In your box, you'll find five labelled popsicle sticks with a prayer prompt and a number. Place them in a cup on your dinner table.

How to pray a collaborative grace:

1. When everyone is seated for dinner, each person (kids and adults) grabs popsicle sticks until they are all distributed.
2. Everyone takes a second to think about how they would like to complete the sentence (with some help for pre-readers!). *For example, "We hold in our hearts...those without healthy food to eat."*
3. The family then creates the grace together by praying their sentences in number order, beginning with 1) Dear God and ending with 6) Bless...In Jesus' name, Amen.

Each unit lesson will add a Popsicle stick with a special prayer prompt for that week's lesson. You can either add it in before the sixth stick or replace #5 with it.



How to make your own:

You'll need:

- 6 Popsicle sticks (multicolored is best)
- Marker (Sharpie is best)

Label each Popsicle with a number 1-6. On each Popsicle stick write the following:

1. Dear God,
2. We thank you for...
3. We ask you for...
4. We hold in our hearts...
5. Help us to...
6. Bless...In Jesus' name, Amen.

You'll need additional Popsicle sticks for each lesson's new prayer.

Place the sticks in a cup on your dinner table!